


FACT: U.S. MILITARY VETERANS ARE TWO TIMES MORE LIKELY THAN NON-VETERANS TO SUFFER A FATAL OVERDOSE FROM OPIATES.



DANGERS OF OPIOIDS FOR U.S. VETERANS AND SERVICE MEMBERS:

Signs that you or someone you love may be misusing, or at risk for addiction include:

- Chronic pain or injury from military service
- Post Traumatic Stress Disorder diagnosis
- Rapid mood swings
- Changes in appetite
- Constipation
- Increase in sleep
- Constricted pupils

What you can do:

- Talk with the healthcare professional who prescribed the medication to you, and ask for alternatives to opioid and narcotic painkillers.
- Only take medications as prescribed. Get help from friends and family, or those closest to you.
- If you're concerned about a family member or friend, urge them to talk to whoever prescribed their medication.
- Protect your opioids from damage, loss, or theft. Keep them safe, locked up, and out of reach of family, children, visitors, and pets.
- Consider seeking long-term help. Ask your local VA about substance use disorder treatment programs.
- If you need to travel with your medication, always carry your CURRENT labeled bottle of your prescription.



DOSE OF REALITY
PREVENT PRESCRIPTION PAINKILLER ABUSE IN FLORIDA.

For more information, visit the [Military Service/Veterans](http://MilitaryService/Veterans) page at: **DoseOfRealityFL.com**

A message from the Office of the Florida Attorney General.

